



Located in the Marshall Professional Center, just south of Wal-Mart in Guntersville. Look for our billboard right in front of the facility.



## What is the objective of the Pain Clinic?

To provide treatments and services for patients who suffer from “chronic pain.” The purpose of the Pain Clinic is to provide medical intervention as part of a multi-disciplinary approach to pain management. Interventional treatment may be used in conjunction with other therapies or as a stand-alone therapy in an effort to reduce or eliminate the production and/or transmission of a pain signal within the body.

In most cases, this means identifying and treating the underlying cause of a particular pain. In other cases, where the pathology of the pain cannot be successfully addressed through medical or surgical therapy, the “intervention” may take on the form of “pain control” such as physical therapy and/or psychological services.



11491 Highway 431 • **256.894.6941**  
Visit us at: [www.marshallpainclinic.com](http://www.marshallpainclinic.com)

### Hours of Operation

Tuesday through Thursday: 7:00 am - 5:00 pm

*Please call for an appointment.*



*Many Reasons. One Choice.*

[www.mmcenters.com](http://www.mmcenters.com)



## What is chronic pain?

Chronic pain is defined as pain that lasts 3 or more months. It is both a physical and psychological condition, not simply a physical state.

## Why is there a need for a Pain Clinic?

An estimated 50 million Americans live with chronic pain caused by disease, disorder or an accident. An additional 25 million people suffer acute pain resulting from surgery or an accident. Approximately two thirds of these individuals have been living with this pain for more than five years. The loss of productivity and daily activity due to pain is substantial. In a study conducted in 2000, it was reported that 36 million Americans missed work in the previous year due to pain and that 83 million indicated that pain affected their participation in various activities.

Traveling out of the area to receive treatment can be agonizing for the sufferer, costly, and difficult to schedule. The Pain Clinic at Marshall Medical Professional Center provides treatment options to the residents of Marshall County and surrounding areas in a convenient, close-to-home setting.



## What are the sources or causes of “chronic pain”?

The most common types of pain include arthritis, lower back pain, bone/joint pain, and muscle pain. “Chronic pain” may be associated with: Cancer, Reflex Sympathetic Dystrophy, Neuralgia, Osteo and Rheumatoid Arthritis, Shingles or traumatic injuries following work-related accidents.

## What types of treatments or services will be provided at the Pain Clinic?

While there are many different sources of chronic pain, the interventions offered through the Pain Clinic will be focused primarily on pain associated with the spine and the nerves along the spinal column. These interventions or “procedures” will include, but not be limited to: cervical, thoracic, and lumbar epidural steroid injections, Caudal steroid injections, intra-articular facet blocks, peripheral nerve blocks, selective nerve blocks, sympathetic nerve blocks, and transforaminal epidural steroid injections.

## Do patients need a referral to the Pain Clinic?

**Yes.** Patients must be referred to the Pain Clinic by a physician. The Pain Clinic is a partner in the treatment and management of chronic pain – not a replacement for the patient’s primary or specialty care physician. Patients will continue to see their regular physician for all other medical needs including the management of any medications.

## Who are the Physicians at the Pain Clinic?

Dr. Donald Dillard, Chief of Anesthesiology at Marshall Medical Center North, has focused his practice on interventional pain management procedures over the last eight years. Dr. Dean Chassay completed his residency in Anesthesiology at UAB including additional training in interventional pain management.



*Offering interventional pain management in a comprehensive, state-of-the-art facility.*

