

Watch for
Mindful

Menu Solutions...

Look for the
Wellness and You
symbol to find your way
to better nutrition.

PRESENTING:

*Daily Innovation Station providing
fresh, made to order items.
October is Cancer Awareness Month*

Hours

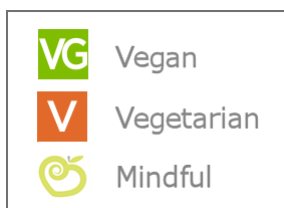
Monday - Thursday:
6:15am to 6:00pm

Friday - Sunday:
6:15am to 1:30pm

Managers

General Manager:
Ed West x3403

Executive Chef
Joseph Vance x3411



Medical Center Café

Week of Monday February 19

Monday 19th President's Day

Soup:	Broccoli Chez Soup	1.99
	Homestyle Chicken Noodle Soup, Frozen	1.99
Entree:	Roast Whole Boneless Turkey	3.99
	Asian Citrus Glazed Salmon Patty	3.99
	Chicken Cacciatore Quarters	3.99
	Grilled Seasoned Chicken Breast	3.99

Tuesday 20th Crispy Chicken PoBoy

Soup:	Chicken and Corn Chowder	1.99
	Chili con Carne (Mindful)	1.99
Entree:	Grilled Seasoned Chicken Breast	3.99
	Cheese Ravioli with Bolognese Sauce	3.99
	Traditional Chicken Pot Pie	3.99
	Carved Smoked Pit Ham	3.99

Wednesday 21st Pasta Bar

Soup:	Beef Barley Soup	1.99
	Chicken Tortilla Soup	1.99
Entree:	Italian Style Pork Loin	3.99
	Southern Meat Loaf	3.99
	Grilled Seasoned Chicken Breast	3.99
	Fried Cabbage	1.29

Thursday 22th Tossed Caesar Chicken

Soup:	Italian Bean & Sausage Soup	1.99
	Cuban Black Bean Soup	1.99
Entree:	Homestyle Chicken (Fried)	3.99
	Grilled Marinated Pork Cutlet	3.99
	Italian Chicken Breast	3.99
	Garlic Mashed Potatoes	1.29

Friday 23th Chicken Provencal Slider

Soup:	Chicken Corn Chowder (Mindful)	1.99
	House Chicken & Shrimp Gumbo	2.49
Entree:	Grilled Seasoned Chicken Breast	3.99
	Fried Catfish Fillet	3.99
	Charleston Crab Cakes	3.99
	Shrimp Creole with Rice	3.99

Saturday 24th

Soup:	Chicken Tortilla Soup (Mindful)	1.99
Entree:	Shrimp Scampi with Angel Hair Pasta	3.99
	Meat Sauce	3.99
	Classic Hamburgers	3.99
	Baked Sweet Potato	2.49
	Baked Potato	2.49

Sunday 25th

Entree:	Grilled Chicken Breast	3.99
	Classic Hamburgers	3.99
	Baked Sweet Potato	2.49
	Pork Chops, Center Cut, Bone In, Raw, 6 oz	3.99
	Baked Potato	2.49
	Green Beans	1.29