



Watch for  
Mindful  
Menu Solutions...

Look for the  
Wellness and You  
symbol to find your way  
to better nutrition.

*PRESENTING:*  
Daily Innovation Station providing  
fresh, made to order items.  
October is Cancer Awareness Month

### Hours

Monday - Thursday:  
6:15am to 6:00pm

Friday - Sunday:  
6:15am to 1:30pm

### Managers

General Manager:  
Ed West x3403

Executive Chef  
Joseph Vance x3411

# Medical Center Café

Week of Monday June 11

## Monday 11th BBQ Pulled Pork Slider

Soup:	Broccoli Chez Soup	1.99
	Homestyle Chicken Noodle Soup, Frozen ☺	1.99
Entree:	Roast Whole Boneless Turkey ☺	3.99
	Asian Citrus Glazed Salmon Patty ☺	3.99
	Chicken Cacciatore Quarters	3.99
	Grilled Seasoned Chicken Breast	3.99

## Tuesday 12th Nachos Supreme

Soup:	Chicken & Corn Chowder	1.99
	Chili con Carne (Mindful) ☺	1.99
Entree:	Traditional Chicken Pot Pie	3.99
	French Green Beans & Carrot Medley VG ☺	1.29
	Carved Smoked Pit Ham	3.99
	Cheese Ravioli with Bolognese Sauce	3.99

## Wednesday 13th Pasta Bar

Soup:	Beef Barley Soup ☺	1.99
	Chicken Tortilla Soup	1.99
Entree:	Italian Style Pork Loin	3.99
	Southern Meat Loaf	3.99
	Grilled Seasoned Chicken Breast	3.99
	Fried Cabbage	1.29

## Thursday 14th Tossed Chicken Caesar

Soup:	Italian Bean & Sausage Soup	1.99
	Loaded Potato Soup	1.99
Entree:	Homestyle Chicken (Fried)	3.99
	Grilled Marinated Pork Cutlet	3.99
	Italian Chicken Breast ☺	3.99
	Garlic Mashed Potatoes	1.29

## Friday 15th Chicken Provonlone Slider

Soup:	Chicken Corn Chowder (Mindful) ☺	1.99
	House Chicken & Shrimp Gumbo	2.49
Entree:	Fried Catfish Fillet	3.99
	Grilled Seasoned Chicken Breast	3.99
	Charleston Crab Cakes	4.99
	Shrimp Creole with Rice	3.99

## Saturday 16th

Soup:	Chicken Tortilla Soup (Mindful) ☺	1.99
Entree:	Shrimp Scampi with Angel Hair Pasta	3.99
	Meat Sauce	3.99
	Grilled Chicken Breast	3.99
	Classic Hamburgers	3.99
	Baked Sweet Potato VG ☺	2.49

## Sunday 17th

Soup:	Tomato Basil Bisque	1.99
Entree:	Classic Hamburgers	3.99
	Pork Chops, Center Cut, Bone In, Raw, 6 oz	3.99
	Grilled Chicken Breast	3.99
	Baked Sweet Potato VG ☺	2.49
	Baked Potato VG	2.49



