



Watch for  
Mindful  
Menu Solutions...

Look for the  
Wellness and You  
symbol to find your way  
to better nutrition.



PRESENTING:

Daily Innovation Station providing  
fresh, made to order items.

### Hours

Monday - Thursday:  
6:15am to 6:00pm

Friday - Sunday:  
6:15am to 1:30pm

### Managers

General Manager:  
Ed West x3403

Executive Chef  
Joseph Vance x3411



# Medical Center Café

Week of Monday March 11

## Monday 11th Italian Hoagie Sandich

Soup:	Classic Italian Wedding Soup	1.99
Entree:	Rosemary Roasted Pork Loin 🍴	3.99
	Cajun Chicken and Crawfish with Penne	3.99
	Traditional Cornbread Stuffing	1.29
	Grilled Chicken Breast	3.99
	Navy Beans, Dried 🍴🌱	1.29

## Tuesday 12th Tossed Chicken Caesar

Soup:	Tomato Basil Bisque	1.99
Entree:	Savory Rotisserie-Style Chicken	3.99
	Maple Peach Glazed Smoked Pit Ham	3.99
	Marinated Grilled Chicken Breast 🍴	3.99
	Baked Macaroni and Cheese	2.49
	Green Bean Casserole 🍴	1.29

## Wednesday 13th Nachos Deluxe Station

Soup:	White Bean Chicken Chili (Mindful) 🍴	1.99
Entree:	Fried Pork Chop	3.99
	Marinated Grilled Chicken Breast 🍴	3.99
	Classic Chicken Pot Pie	3.99
	Butter Bean	1.29
	Southern Style Collard Greens	1.29

## Thursday 14th Pasta Bar Station

Soup:	Minnesota Wild Rice Soup	1.99
Entree:	Herb Roasted Turkey Breast 🍴	3.99
	Grilled Chicken Breast	3.99
	Stuffed Peppers	3.99
	Balsamic Grilled Yellow Squash 🍴🌱	1.29
	Steamed Broccoli Medley 🍴🌱	1.29

## Friday 15th Crispy Chicken Poboy

Soup:	House Chicken & Shrimp Gumbo	2.49
Entree:	Charleston Crab Cakes	4.99
	Shrimp and Grits	3.99
	Fried Catfish Fillet	3.99
	Grilled Balsamic Chicken Breast	3.99
	Whole Green Beans Almondine 🍴🌱	1.99

## Saturday 16th Happy Weekend!

Soup:	Chicken Tortilla Soup (Mindful) 🍴	1.99
Entree:	Grilled Chicken Pasta Alfredo 🍴	3.99
	Classic Hamburgers	3.99
	Grilled Chicken Breast	3.99
	Classic Cheeseburger on a Toasted Bun	3.99
	Marinara Sauce 🍴	1.29

## Sunday 17th Enjoy your Sunday

Soup:	Homestyle Chicken and Rice Soup 🍴	1.99
Entree:	Chicken Fried Steak	3.99
	Marinated Grilled Chicken Breast 🍴	3.99
	Classic Hamburgers	3.99
	Mashed Potatoes 🍴	1.29
	Baked Sweet Potato 🍴🌱	2.49