



Watch for
Mindful

Menu Solutions...

Look for the
Wellness and You
symbol to find your way
to better nutrition.

PRESENTING:
Daily Innovation Station providing
fresh, made to order items.



Hours

Monday - Thursday:
6:15am to 6:00pm

Friday - Sunday:
6:15am to 1:30pm

Managers

General Manager:
Ed West x3403

Executive Chef
Joseph Vance x3411

Medical Center Café

Week of Monday April 22

Monday 22nd Baja BLT Wrap

Soup:	Asian Chicken Noodle Soup	1.99
Entree:	Roast Whole Boneless Turkey ☺	3.99
	Asian Beef and Broccoli Stir-Fry	3.99
	Vegetable Egg roll ✓	2.49
	Fried Rice ✓	2.49
	Grilled Seasoned Chicken Breast	3.99

Tuesday 23rd Classic Philly Sandwich

Soup:	White Chicken Chili ☺	1.99
Entree:	Chicken & Rice Casserole	3.99
	Pork Cutlet Schnitzel	3.99
	Grilled Seasoned Chicken Breast	3.99
	Aztec Vegetable Medley ✓☺	1.29
	Fried Green Tomatoes ✓	1.29

Wednesday 24th Deluxe Nachos & Ch

Soup:	Smokehouse Beef Chili	1.99
Entree:	Cornish Hen with Wild Rice Stuffing	3.99
	Braised Beef	3.99
	Savory Black-Eyed Peas ✓	1.29
	Baked Macaroni and Cheese	2.49
	Pork Scaloppine & Wild Mushroom Ragout	3.99

Thursday 25th Grilled Cheese Pimento

Soup:	Beef & Country Vegetable Soup	1.99
Entree:	Carved Smoked Pit Ham	3.99
	Chicken & Dumplings	3.99
	Broccoli in Cheese Sauce	3.99
	Butter Bean	1.29
	Grilled Zucchini ✓	1.29

Friday 26th BBQ Pork Sliders

Soup:	House Chicken & Shrimp Gumbo	2.49
Entree:	Blackened Catfish with Shrimp Etouffee	3.99
	Fried Catfish Fillet	3.99
	Chicken Jambalaya with Andouille Sausage	3.99
	Shrimp and Grits	4.99
	Broccoli with Sauteed Carrots ✓☺	1.29

Saturday 27th Happy Weekend

Soup:	Chicken Tortilla Soup (Mindful) ☺	1.99
Entree:	Baked Chicken Ziti	3.99
	Cheeseburger	3.99
	Grilled Chicken Breast	3.99
	Steamed Corn ✓☺	1.29
	Baked Sweet Potato ✓☺	2.49

Sunday 28th Enjoy Your Sunday

Soup:	Deluxe Chili with Beans	1.99
Entree:	Braised Brisket with Caramelized Onions	3.99
	Grilled Chicken Breast	3.99
	Cheeseburger	3.99
	Baked Sweet Potato ✓☺	2.49
	Baked Potato ✓	2.49