Medical Center Café

Week of Monday July 22

Monday 22nd Maple Chicken Sandwich
Soup: Homestyle Chicken Noodle Soup
Entree: Smoked Beef Rope Style Sausage
Bayou Red Beans and Rice
Crispy Batter Shrimp
Baked Macaroni & Cheese
Green Beans 🍼

Tuesday 23rd Nachos Supreme W/Beef
Soup: Chicken Tortilla Soup 🍳
Entree: Stuffed Cabbage Roll
Chicken Fajita 🍳
Cilantro Lime Basmati Rice 🍳
Fried Tri Color Tortilla Chips 🍳
Onion & Peppers 🍳

Wednesday 24thChipoltle Chicken Salad
Soup: Bacon Corn Chowder (12 oz)
Entree: Herb Crusted Beef Tenderloin
Chicken Alfredo 🍳
Baby Carrots 🍳
Creamed Spinach 🍳
Dirty Mashed Potato 🍳

Thursday 25th Tropic of Turkey Burger
Soup: Signature Cheesy Chicken Tortilla Soup 🍳
Entree: Asian Marinated Flank Steak
Sesame Chicken 🍳
Chinese Cabbage Crisp 🍳
Sesame Ginger Green Beans 🍳
Teriyaki Chicken Egg Roll, 3 oz 🍳

Friday 26th Not Your Classic BLT
Soup: Creole Chicken Gumbo Chowder 🍳
Entree: Smoked Catfish Fillet
Bayou Fried Shrimp 🍳
Cajun Black Eyed Pea Casserole 🍳
Okra and Greens 🍳
Action Station: Not Your Classic BLT Sandwich

Saturday
Entree: Maple Glazed Brussels Sprouts 🍳
Braised Pot Roast 🍳
Beef Gravy Mix 🍳
Diced Boiled Red Potatoes 🍳
French Fries 🍳

Sunday
Soup: Power Cheese Vegetable Soup 🍳
Entree: Chili Macaroni 🍳
Cowboy Burger 🍳
Curly French Fries 🍳
Chicken Tenders Go Global 🍳
Sweet Potato Wedges (2) 🍳